

EA 2018 - 2019

Adult, Youth & Community Activities

London

ELEVATED

Annual Report 2018 - 2019

Award Winning



Elevated Aspirations CIO

Community Organisation
of the Year
2018



www.elevated-aspirations.co.uk



Contact details



Website

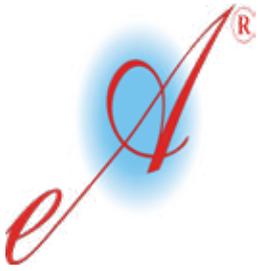
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Elevated Aspirations CIO
London SW16 9FS
info@elevated-aspirations.co.uk

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Designed by Tuaneri Akoto
Edited by Tuaneri Akoto
Photographs by: Tuaneri Akoto, Harry Choi, Shaka Daanwi, Pixabay.com





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Chairman's Report

Our achievements this year

This year has been a phenomenal success for Elevated Aspirations CIO. We increased our staff pool with more high quality and multi-skilled personnel.

This enabled us to deliver, more for less, additional services to our beneficiaries using the same staff.

Our strategic focus

This year the Trustees widened Elevated Aspirations' CIO demographic community strategy to include all age groups.

This was motivated by our desire to have the highest impact we can and ensure that we make as valuable a contribution not just to Newham's 11 to 18 year olds but also to all its diverse communities, residents and age groups.

We will continue to expand our reach to vulnerable communities, children, young people, adults, and families.

Our results and impact over the past year

Elevated Aspirations CIO has much to celebrate over the past year:

1. We hit 99% of our yearly targets – particular targets for vulnerable communities
2. We increased our membership/beneficiaries
3. We increased our provisions
4. We were more successful in our bid applications
5. We collaborated with more voluntary organisations

Our core achievement

Our core achievement in 2018 – 2019 has to be Elevated Aspirations CIO reaching out and providing free high quality activities and provisions in low income communities.

Elevated Aspirations achieved significantly more for young people and adults. This was accomplished through adopting a wider strategy to support additional demographic groups who are living in vulnerable situations.

Together we can achieve more

None of this would have been possible without the combined contributions from funders, partners, volunteers, staff and young people. My thanks and gratitude goes out to you for all that has been achieved throughout 2018 to 2019.

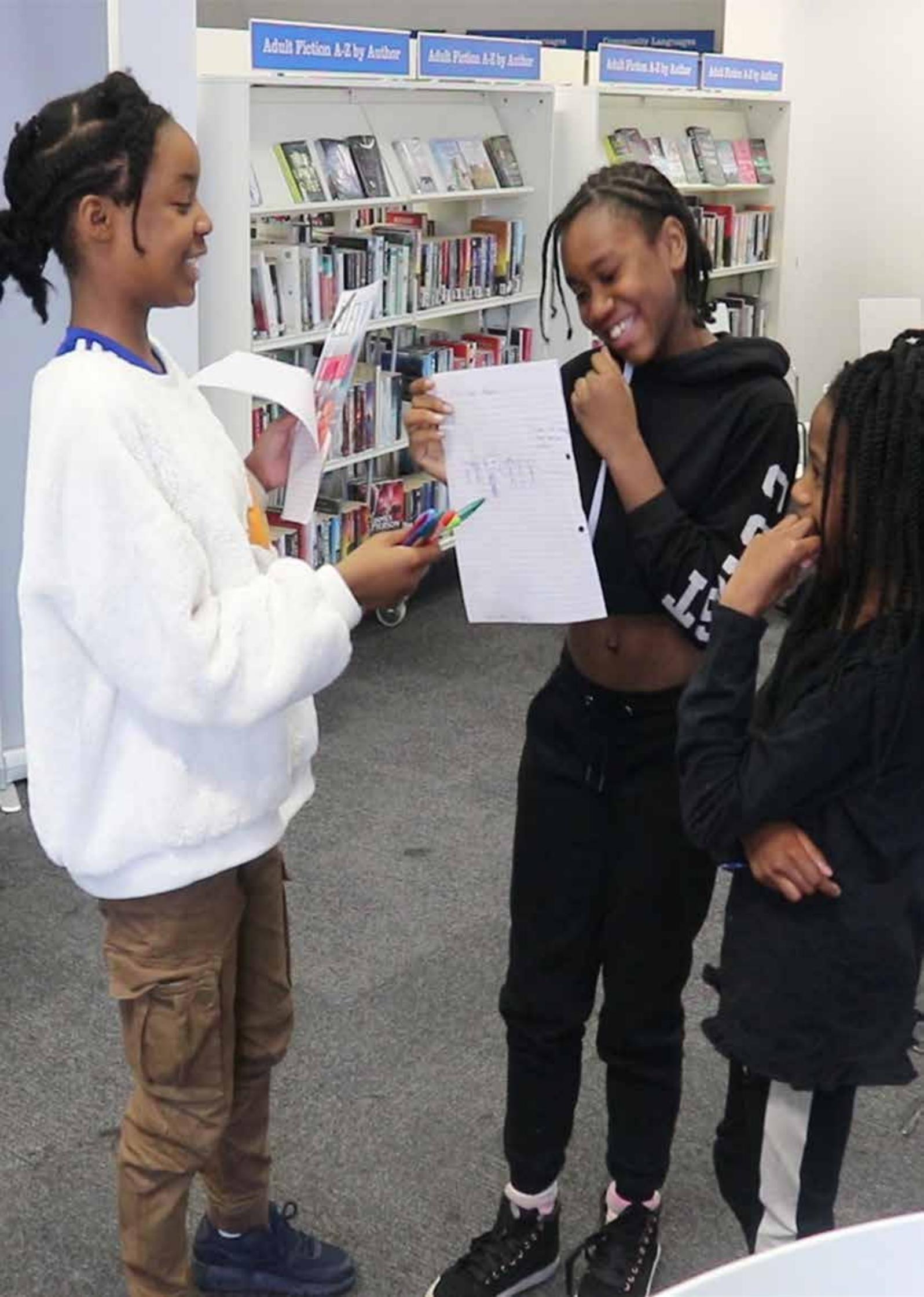


Chairman: Tuaneri Akoto

A handwritten signature in black ink that reads "T Akoto". The signature is stylized and cursive.

Tuaneri Akoto
Chairman of the Board
16th December 2019







Amira, on the front cover of Elevate



Our Vision, Mission, and Values

Elevated Aspirations CIO's guiding principles

Our Vision:

Elevated Aspirations CIO's vision is of:

"A society where individuals aspire to achieve more, are assisted to set and accomplish goals - to continuously evaluate & elevate their aspirations and achieve success. A society in which children, young people, and adults are not afraid of, or hindered in, aspiring to achieve more, aspiring to accomplishing goals, and aspiring to achieving success"

Our Mission:

Elevated Aspirations CIO's mission is:

"To develop a society where children, young people, and adults achieve more, accomplish goals, and attain success by providing them with physical resources, support, and training necessary for them to reach their full potential"

Our Values:

Elevated Aspirations CIO's values are:

The conducting of our business with integrity, honesty, transparency and accountability to our beneficiaries and stakeholders
Valuing people and elevating their aspirations and achievement
The promotion of equality, justice, fairness & diversity and opposing discrimination of any sort
Excellence in all that we do in order to provide high quality services that result in successful intended outcomes

Our Goals:

Elevated Aspirations CIO's goals are to:

- A. Address children's, young people's, adults', and communities' issues through educative projects, training and community events
- B. Engage with children, young people, adults, and families in providing a service with programmes of activities and training that best meets their needs and aspirations



Introduction

About us

Elevated Aspirations CIO is a registered charity directed by local professionals, highly skilled and experienced in business, youth & community work, training, community events & shows, consultation, educative projects, and partnership work.

Elevated Aspirations CIO first started operating late March 2015 and was the brain child of Tuaneri Akoto (MBA M.Sc. CMI FCMI).



Patrick Lemonius: Trustee

Tuaneri, Shaka Daanwi and Paul Lemonius (the Trustees) had been working in Newham Adult Education & Youth Services for over 25 years and created numerous projects that addressed confidence, self-esteem, and morale. Furthermore, creating and delivering training, managing educative projects, and running projects that addressed social issues for children, young people, adults and families. Tuaneri, Shaka and Paul ceased working for Newham Adult Education & Youth Services early December 2014.

Why we are needed

No one agency can provide for all of a community's diverse needs, wants and aspirations. Elevated Aspirations is a charity that assists in meeting any given community's needs and aspirations.

The services we offer are led by local need and the requirements of funding bodies wishing to address social and community issues. As such in order to develop and create a holistic service Elevated Aspirations CIO takes into consideration the views and opinions of the children, young people, families, and adults of whom we work for and with to provide a better outcome based service – we listen to our beneficiaries.

What do we do?

We provide informal and accredited educational activities to children, young people, families, adults, residents and communities. All of our projects incorporate and promote positive activities and training that increase personal and social development and elevate aspirations – we capacity build.

Our goal is to provide the aspirational support that each beneficiary needs to help them achieve more in their lives, education, and social relationships. There are several strands to what we do that make this possible: funding, partnerships, donations, and community support.

Annual report

The following pages of this annual report highlight the work Elevated Aspirations CIO has done with and for its beneficiaries for the year 2018 to 2019 – all made possible by our funders, supporters, and volunteers.

Patrick Lemonius
Trustee
16th December 2019





Youth Magazine (Social issues and youth trends)

The participants in our projects created two youth orientated magazines throughout 2018 to 2019.

The first magazine concentrated on young people's health and the second magazine (below) concentrated on social issues and concerns to young people.

The magazine below had 15 contributors. Each contributor had their own topic of interest.





Summer Scheme

Outreach Work



Outreach work targets young people not on the scheme

The Gate Summer Scheme 2018 took place over 5 weeks from, Monday 23rd July to Saturday 25th August. The summer holiday scheme was based on performing arts and sports.

The activities ran from 11.00am to 3.00pm from Monday to Friday. As part of raising funding for the summer scheme it was free to all participants. Furthermore, all participants got to take their work away at no cost.

On the summer scheme Elevated Aspirations staff worked with over 150 young people from varying backgrounds and ethnicities.

The summer scheme was ran from Forest Gate Neighbourhood Community Centre and was free of charge. This meant that we could better use the funding to put on more activities for young people in the Forest Gate area where are too few youth provisions and activities.



Super Heroes



Creating YouTube videos is popular





Table-Tennis

Table-tennis always attracts many of our male members

Table-Tennis



Catwalk modelling attracts many of our female members

Catwalk Modelling



Choir/singing teaches solo and group performances

Singing Sessions



Dancercise Inc. (45+ Dancercise Sessions)

 **Elevated Aspirations CIO**
Dancercise Inc.

Ballroom Dancing

Free Classes

Fridays
From
2.00pm to 4.00pm

"Let's
Face
The Music
and Dance"

Beckton Community Centre,
14 East Ham Manor Way, London E6 5NG

Contact
Shaka: 07956 436 743
Tui: Inspire@elevated-aspirations.co.uk
Beckton Community Centre: 020 7511 1214

Elevated Aspirations CIO has a project called Dancercise Inc. which targets over 45s to improve their health through dance. The project has been running for 3 years and is still going strong.

Whilst Dancercise Inc. targets over 45s the project in effect works with all adults from 18 years of age.

The Salsa group now call themselves 'Salsa Gate'.

Ballroom Dancing



Ballroom dancing

Solo performance



Group performance





**Elevated Aspirations CIO
Dancercise Inc.**

Salsa Dancing

Free Classes



Trot
mo *ha-Cha*
este *Mambo*
bo *dango*
ot *Mambo*

**Saturdays
From
2.30pm to 4.30pm**

**"Let's
Face
The Music
and Dance"**

**Forest Gate Community Neighbourhood Centre,
6-8 Woodgrange Road, Forest Gate, E7 0QH**

Elevated Aspirations



**Salsa
Dance Classes**

Tutor: Shaka



Salsa dancing



Forest Gate Neighbourhood
Community Centre

Canning Town
Neighbourhood
Community Centre





**EDUCATION
IS IMPORTANT BUT**

SALSA

**IS
SEW MACH BETTAR!**

TUANERI

October Half-Term Scheme



EA News on issues affecting young people

The October half-term scheme was an extension of the summer scheme. This meant that we could run the same activities with a few new ones.

The beauty of managing to raise funding that enabled us to extend the summer scheme activities is that it allowed many of the young people to finish projects that they started during the summer scheme.

Over 40 young people returned to the performing arts scheme. Unfortunately, we were in a new building (Durning Hall) so we could not run the sporting activities.

However, many of the young people created new work, especially music and social issue videos. Hektor created a part three of Hektor's Perspective which focused on health and young people.



Hektor's Perspective on young people's health





Group pose wearing custom garments

Catwalk Modelling



Discussing how a song will be sung

Choir/Singing



Dance rehearsal for the community show

Dance Sessions

BoxNskills & Roehampton University



BoxNskills



Elevated Aspirations CIO is a keen supporter of projects that address the health and safety of children, young people, adults and communities.

Elevated Aspirations CIO was invited by a wonderful community organisation called Boxing Skills to assist them in their Roehampton University 'Keep Students Safe' project.

Our responsibility was to briefly discuss throughout the demonstrations the potential dangers that students could face on campus and in general.

Karen and her team did all the martial arts demonstrations and showed students moves that they could use in situations where their safety is in jeopardy.



Karen, and her team (below)



Demonstrating how to break out of a wrist grip





How to resist being dragged



How to get someone off you



How to ward of an attack



How to protect yourself when on the floor



Our Second 'Phone App (Christmas/Holiday Greetings)



To
SalsaGate
Dancers

To
Our
Funders



To
Families



Photographic Modelling

**Summer
Scheme**



**October
Scheme**



**Arts
Inspires
Leadership**

Arts Inspires Leadership



Arts Inspires Leadership is Elevated Aspirations' arts training programme for young people and our Youth Ambassadors that want to become leaders.

We provided training in the following areas:

- Catwalk Modelling
- Photographic Modelling
- Singing/choir
- Volunteer training (Youth volunteering)
- Public speaking training
- Leadership training
- Peer education training
- Youth committee training
- Activity leading training
- 16 page youth magazine production
- Accreditation



Some of the sessions in action



Fatima doing the certificates presentations



Producing the magazine



Learning how to run a meeting



Youth Ambassadors' committee meeting



Preparing for the catwalk modelling session



Fatima, leading on her activity



UEL Employability Day

Elevated Aspirations CIO was a guest speaking organisation in UEL's employability day. We did a business presentations to over 80 graduating students.

Our presentation was primarily about business, employability, and students volunteering in Elevated Aspirations.

The presentation was followed by a 30 minute question and answer session with the students.



Coneyl (UEL student)

Coneyl was a student attending our presentation, question & answer session.

He was impressed with what he heard. Coneyl gave us his CV and said that he would like to do some volunteer graphics work with us.

However, we were equally impressed with his CV and employed Coneyl as a graphics designer & tutor for our two youth magazines.

Coneyl



UEL Graduate Masterclass Day



University of East London

Following the UEL presentation day Elevated Aspirations CIO participated in UEL's start up business panel presentation 2 months later.

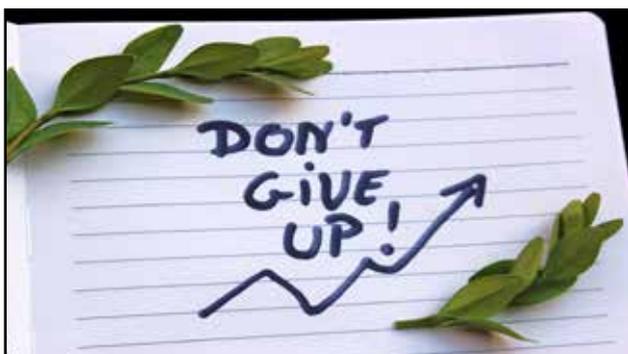
The panel of 3 businesses presented and discussed what they would have done differently 'If they knew then what they know now!'. The presentation and question & answer session was presented to students whom were considering starting a business or getting into a particular industry field.



Presentation on What success means and the myths about success



Presentation on initial outlays and the myths about not needing money to start a business



Presentation on running a business is hard but worth it



Youth Ambassadors

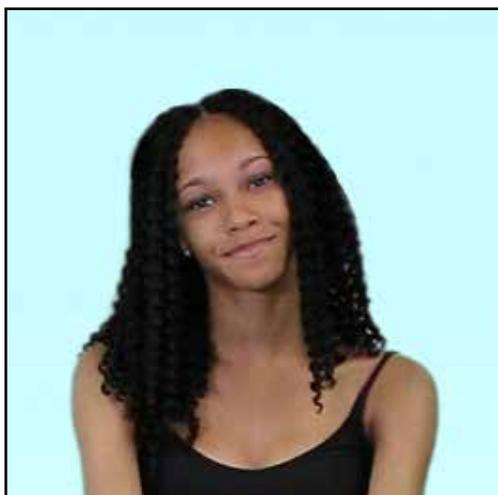
Helping to deliver positive activities

Our youth ambassadors started out as participants in many of our activities. Over time these young participants showed an aptitude to teaching other young people new skills and routines.

Tutors observed the enthusiasm and willingness of these young people to help and support their peers. Out of these observations came the birth of Elevated Aspirations' Youth Ambassadors.

Kierra

"I was here 3 years ago for the first summer scheme. I now help run YouTube videos and catwalk modelling"



Reneè

"I started summer 2016 learning catwalk modelling. I attended throughout the year and then I became a youth ambassador"



Reneè

Reneè running the catwalk modelling session whilst the tutors supervise her as a youth ambassador.



Dorinda

"I like helping other young people to develop skills in our activities. I help with the singing, catwalk modelling and hosting the community shows"



Tommy

"I started in summer 2016 with the table-tennis sessions. I've been helping for 3 years now"



Tommy

Tommy assisting in the table-tennis sessions as a youth ambassador whilst being supervised by Harry.



Fatima

"I attend all the projects that Elevated Aspirations run. I really like the YouTube videos. That's how I started as a youth ambassador"



Kareem

"I became a youth ambassador through helping my friend Reneè run some sessions. I really like hosting the community shows and helping other young people to learn"



Tianah

"I attend all the projects with my cousin Fatima. I really like and help in the YouTube Video sessions. I have my own show called 'Tianah's Gossip' "



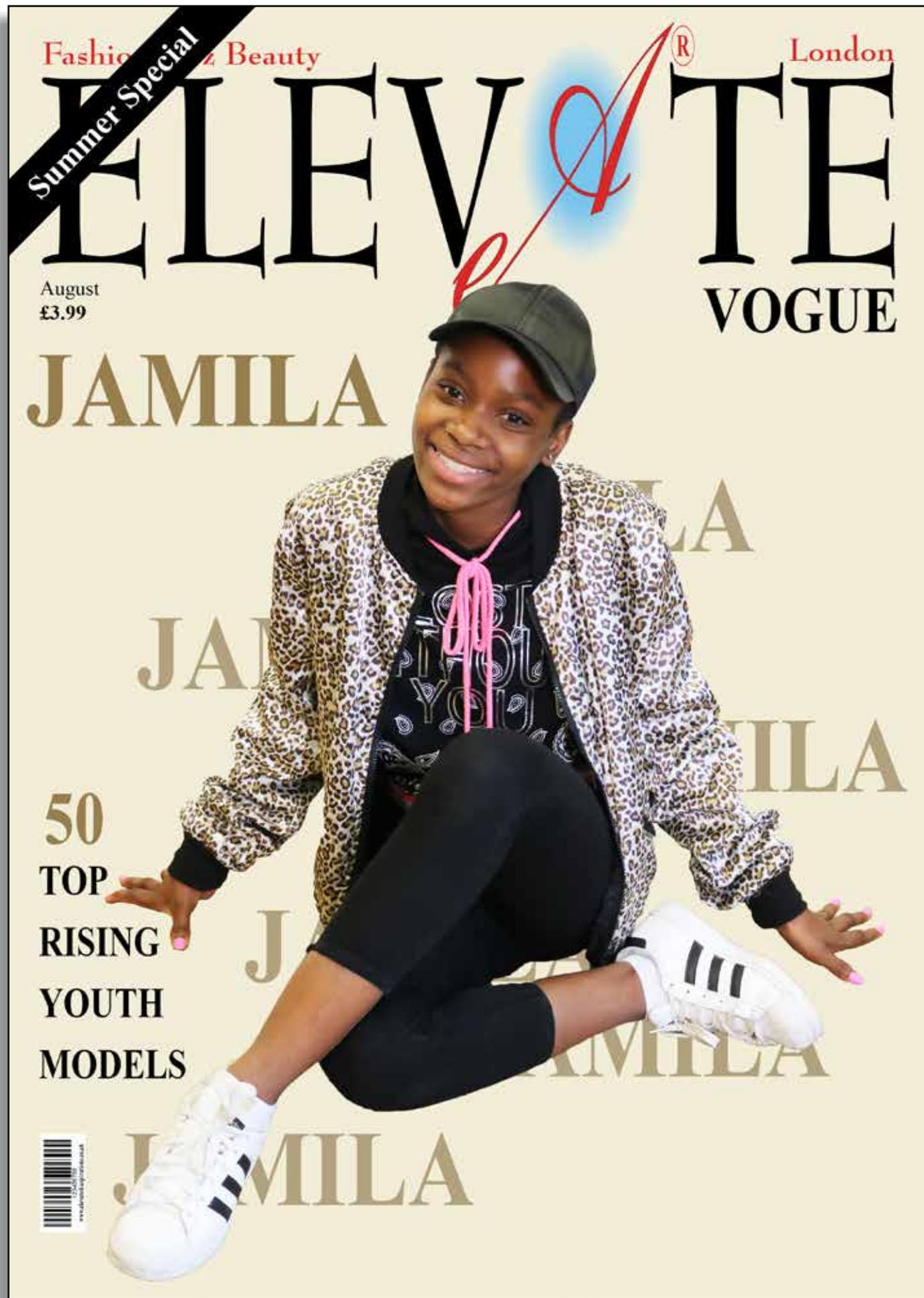
Community Organisation of the Year Award



Tui and Shaka receiving the 'Community Organisation of the Year: East London 2018 Award' from East End Community Foundation



The Youth Ambassadors with the Community Organisation of the Year: East London 2018 Award and their AQA Volunteering Accreditation certificates





Elevated Aspirations CIO



CERTIFICATE

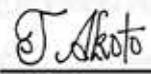


*This certificate
is proudly presented
to*

Jamila

*For
participation, effort and achievement*


Trustee


Chairman


Trustee

Our Impact

Our Impact

Reach

This year we have managed to maintain a reasonable level of income. This has resulted in Elevated Aspirations managing to continue to impact and reach communities and young people. This is due to two reasons: firstly, an increase in applications. Secondly, being more successful in our bid applications.

Increased beneficiaries

By working in partnership with many organisations and venue holders, we have managed to increase the number of people to whom we provided our services.

Through our summer scheme and half term activities we worked with an additional 300 young people in comparison to last year. Furthermore, we worked with an additional 150 adults through our Dancercise Inc. programme.

Anti-social behaviour

With funding specifically provided to address anti-social behaviour, particularly by young people, we contributed to a decrease in anti-social behaviour in Forest Gate and Stratford areas. However, do not take this as a claim to reducing it overall. Our contributions are a small cog in the big wheel.

Community groups

Through securing commissioning funding and improved partnership work we have managed to branch to new communities in Newham. Through commissioning, we now work in Plaistow. Through engaging with Councillors, we work in various wards in Newham – especially through Young N Gifted's Choir partnership.



Shaka receiving funding from Newham's Mayor and Deputy Mayor



Trustees

Tuaneri Akoto, MBA, M.Sc., CMI, FCMI

Tuaneri, alongside the other Trustees, is responsible for determining the strategic and policy direction of Elevated Aspirations and implementing & fulfilling the charity's charitable objectives. Tuaneri has over 27 years' senior and middle management experience.

He has held Chair and Vice Chair positions (Youth Exchange Council Committee, British Council) and sat on various committees and boards. Tuaneri has also written a chapter on social inclusion & education in the international selling book 'A Charge Against Society: A Child's Right to Protection'.



Tuaneri Akoto



Shaka Daanwi

Shaka Daanwi DipHE

Shaka has a wealth of experience in youth and community work. He has been employed in youth and community work for over 30 years with several youth organizations, however, primarily with Newham Youth Service until leaving in December 2013.

Shaka has spent many years as a strategist and consultant for non-profit organisations. He specialises in music and has over 25 years' experience in the music industry.

Paul Lemonius B.A. (Hons)

Paul has over 14 years' experience in the delivery of formal and informal education. Whilst working for Newham Youth Services Paul was actively involved in assessing and improving on Quality Assurance. He is also a stand in lecturer, tutor, student supervisor and reader for the YMCA Informal Education Degree course.

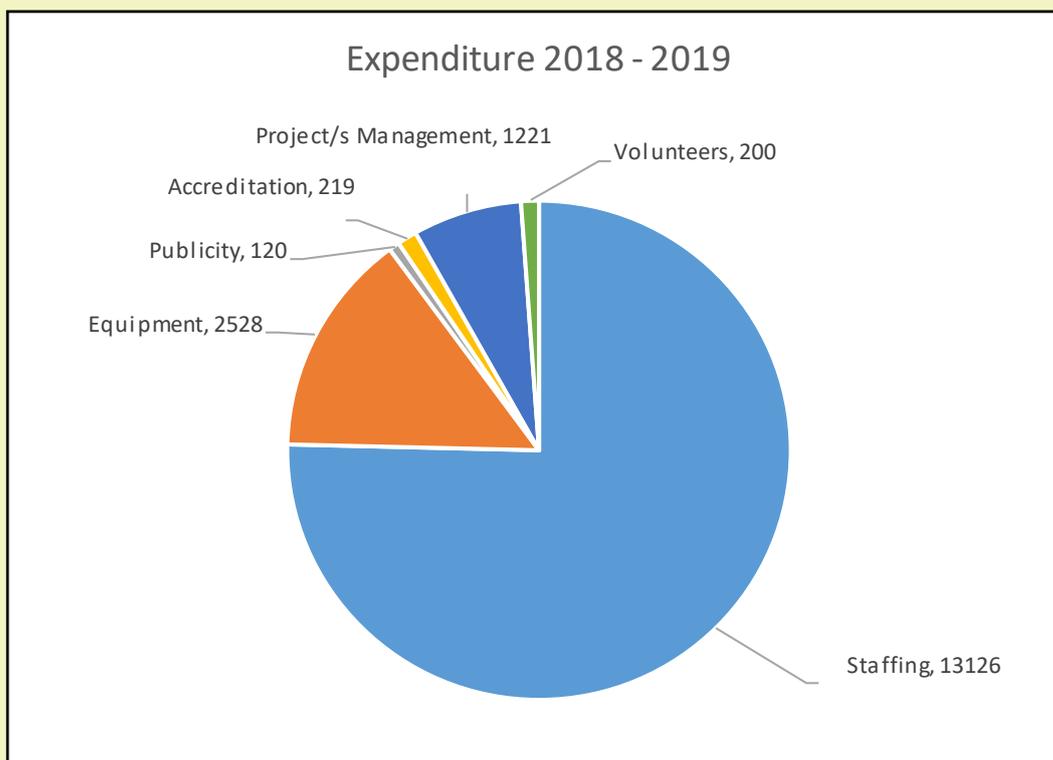
As well as being an experienced youth consultant, youth faith group developer, manager, vocal tutor and songwriter Paul has extensive experience in delivering community events, award ceremonies, entertainment and performing arts projects.



Patrick Lemonius

Statement Of Financial Activities

| | 2019 | 2019 | 2019 | 2018 |
|---|----------------|--------------|--------------|--------------|
| | Unrestricted £ | Restricted £ | Total | Total |
| Income | | | | |
| Donations and legacies | - | 15835 | 15835 | 13575 |
| Earned Income | 1450 | - | 1450 | 532 |
| Total incoming resources | 1450 | 15835 | 17285 | 14107 |
| Expenditure | | | | |
| Expenditure on charitable activities | 1830 | 15584 | 17414 | 15281 |
| Total resources Expended | 1830 | 15584 | 17414 | 15281 |
| Net movement in funds | | | -129 | -1174 |
| Total funds brought forward previous year | | | 1161 | 2335 |
| Total carried forward at 31 March 2019 | | | 1032 | 1161 |



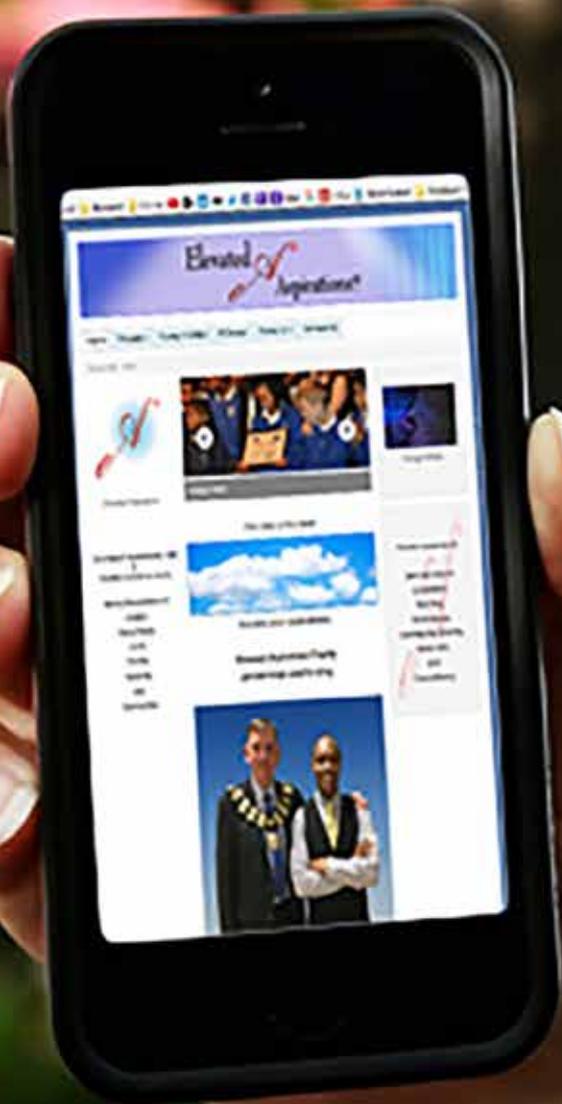
Thanks To Our Funders, Partners, & Volunteers

All the activities and projects covered in our annual report would not have been possible without the combined contributions from funders, partners, volunteers, staff, and young people. To all these contributors our thanks and gratitude goes out to you for all that has been achieved this year.

1. Young N Gifted
2. N'Devour
3. Advent Community Association, Kenny Price
4. Prontaprint (Barking)
5. Coneyl Taylor (Coneyl Taylor Designs)
6. Boxing Skills Team
7. East End Community Foundation
8. Emanuel Youth Project: Lana Reid
9. Forest Gate Community Neighbourhood Centre, Ian Martin
10. London Borough of Newham
11. London Future Achievement Trust: Lamarr White and Eden Cain
12. Patrice Newsam
13. Rueanne Duncan-Jones
14. Steve Becket
15. Stratford Community Neighbourhood Centre, Trevor Mbatha
16. The Mix: Paul Leslie
17. University of East London
18. Uptown Dancing Academy: Joanne Simms



Elevated Aspirations CIO



On
Mobile,
Desktop,
Laptop,
&

all leading games consoles